

STANDING ORDER REQUEST FORM

(Please return the top portion of this page to your bank)

To: The Manager

Bank Address: _____

You are authorised to set up a Standing Order on my/our account as specified below.

My/our account will at all times contain sufficient funds to enable each payment to be effected on the due date.

Name: _____

Signature: _____

Address: _____

Date: _____

Account Name: _____

Account Number: _____

Bank Sort Code: _____

PLEASE PAY:

THE IRISH LUNG FIBROSIS ASSOCIATION

Bank Sort Code: 90-13-51

Account No.: 89466930

Amount: € _____

Frequency: weekly/monthly/yearly (please circle)

Starting on (date): _____

Expiry Date (if required): _____



please cut and return this portion to:

ILFA, P.O. Box 10456, Blackrock, Co. Dublin.

I would like to donate € _____ weekly/monthly/yearly to the Irish Lung Fibrosis Association.

Name: _____

Date: _____

Address: _____

Signature: _____

Start date: _____

Join us!

- Register with ILFA by post, email or telephone.
- Attend our Patient Information Days.
- Set up a new local support group for patients and families in your area. Contact ILFA for advice.
- Join the ILFA committee. The committee is based in Dublin and meets every 4-6 weeks.
- Become a local ILFA representative. The committee is assisted by representatives around Ireland who do not attend meetings but keep in touch via email.

Get involved!

- Volunteer your time to help us at a Patient Information Day or a local fundraising event.
- Write a piece for our Newsletter.
- Fundraise for ILFA. Encourage your family and friends to take part in a fundraising event for ILFA. Our biggest annual event is the Women's Mini-Marathon in Dublin. You could organise your own fundraising event e.g. a pub quiz, coffee morning, golf-classic, sky-dive, cycle, swim, etc. Call 086 057 0310 for a fundraising pack.
- Ask your employer to support ILFA through corporate sponsorship.
- Buy ILFA Christmas cards.
- Donate to ILFA.

THANK YOU FOR SUPPORTING ILFA

ILFA, P.O. Box 10456, Blackrock, Co. Dublin.

Email: info@ilfa.ie

Tel: 086 871 5264 (ILFA Nurse Specialist)

Tel: 086 057 0310 (Fundraising Enquiries)

www.ilfa.ie



Find us on
Facebook



Irish Lung Fibrosis Association

ILFA

Join Us!

Get Involved!



Lung Fibrosis (Pulmonary Fibrosis) is a progressive disease that causes scarring of the lungs and results in breathlessness. For more information about this disease, please see our leaflet called "What is Pulmonary Fibrosis?"

ILFA: History and Functions

- ILFA was set up in 2002 in memory of Fergus Goodbody.
- ILFA is a registered charity.
- Our aims are Education, Research, Support.
- We provide information and support to people affected by Lung Fibrosis and provide funding for research and development of new treatments.
- Our patrons are Brian O'Driscoll, Charlie Bird, Senator Feargal Quinn and Andrea Corr.
- Our committee is made up of volunteers who all have been touched by Lung Fibrosis.
- We advocate and lobby on various health matters affecting patients.
- ILFA is part of the Irish Donor Network and the Irish Lung Health Alliance.
- ILFA is funded solely by donations.
- The fundraising efforts of our supporters are vitally important for the continued existence of our research and education programmes.
- Website: www.ilfa.ie
- Facebook. www.facebook.com/ILFAIreland

What We Do

ILFA Nurse

- ILFA funds the employment of a Research Coordinator / Specialist Nurse who supports patients and families around the country.
- You can call the ILFA Nurse on **086 8715264** (Monday to Friday, 9am- 5pm).
- The ILFA Nurse assists with clinical trials and research conducted at the Mater Hospital, Dublin.

Patient Focussed Activities

- We hold Patient Information Days at various locations around Ireland. Invited speakers give presentations about the medical, social and practical aspects of living with Lung Fibrosis. The Patient Information Days are a valuable opportunity for patients and their families to meet with each other.
- Support groups meet in Cork and Laois/Offaly. Contact ILFA for more information.

Publications

- We produce Newsletters with information about new developments, ILFA activities and fundraising events.
- We produce Patient Information Leaflets and a Directory of Services for Patients.

Fundraising

- We provide fundraisers with sponsorship cards, t-shirts and merchandise.

There are 5 ways to donate to ILFA.

- 1 Donation via cheque, postal order, etc.** Send a cheque, postal order, or money order to: ILFA, P.O. Box 10456, Blackrock, Co. Dublin.
- 2 ILFA Donation Cards.** Contact ILFA if you would like to request Donation Cards with full details of how to donate.
- 3 Bank Transfer.**
Account : The Irish Lung Fibrosis Association.
Bank: Bank of Ireland, Montrose, Dublin 4.
Sort Code: 90-13-51
Account number: 89466930
When transferring money to the ILFA account, please include your **full name and address** on the lodgement slip. This will ensure that we know who made the lodgement and we can acknowledge receipt of your donation to ILFA.
- 4 On-line donation via credit or debit card.**
You can donate securely to ILFA directly using your debit or credit card at:
www.mycharity.ie/charity/ilfa
All donations made on-line go directly to ILFA.
- 5 Standing Order (see back of this page).**
You can make a regular contribution to ILFA using a Standing Order. Please return the completed form to ILFA, P.O. Box 10456, Blackrock, Co. Dublin for processing.