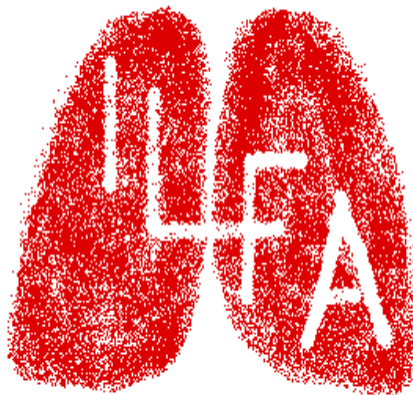


**DIRECTORY OF SERVICES:
THE IRISH LUNG FIBROSIS
ASSOCIATION**



Irish Lung Fibrosis Association
www.ilfa.ie

YOUR PERSONAL TELEPHONE NUMBERS

EMERGENCY SERVICES 999 or 122



GP: _____

Pharmacy: _____

Hospital
Clinic: _____

Heart & Lung Ward
(Mater Hospital): _____

Occupational
Therapist: _____

Physiotherapist: _____

Social Worker: _____

Dietician: _____

Public Health
Nurse: _____

Local
Health Authority: _____

Oxygen Supplier: _____

Oxygen Re-fill: _____

Tips !

- ✓ Keep a folder with all your documentation stored in one place.
- ✓ Keep a diary and record the dates of all telephone calls and correspondence.
- ✓ Photocopy all correspondence including your application forms.

In memory of Denise Cassidy

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Foreword

Dear Friends,

The Directory of Services booklet was designed to provide useful information for patients diagnosed with Idiopathic Pulmonary Fibrosis (IPF). The booklet contains practical information on medical entitlements, oxygen therapy, and mobility & transport along with telephone numbers and a website directory guiding users to access further information.

The aim of the Directory is to support patients diagnosed with IPF, family members and carers with the goal of helping them access services efficiently.

I would sincerely like to thank Ms. Nicola Cassidy for her time and dedication for producing this invaluable document, which I confidently believe will enormously help many IPF patients.

Kind Regards,

Dr. Jim Egan.

Chairperson of the ILFA

IRISH LUNG FIBROSIS ASSOCIATION

The Irish Lung Fibrosis Association (ILFA) was established in 2002. The ILFA provides funding for research into lung fibrosis with a view to increasing awareness about lung fibrosis, supporting the development of new treatments, and providing information and support to people affected by this condition.

ILFA
PO Box 10456
Dublin 7.

Patrons: Brian O'Driscoll, Charlie Bird.

www.ilfa.ie

FUNDRAISING

The annual Women's Mini-Marathon in Dublin is the largest fund-raising event in the year for the ILFA. Your female relations, friends, and colleagues may wish to participate by running, jogging, or walking the mini-marathon on behalf of the ILFA. Sponsorship cards and T-shirts with the ILFA logo are available by contacting the ILFA by email via the website, or by writing to: ILFA, PO Box 10456, Dublin 7.

The annual post-Christmas swim at Sandycove is another organised fund-raising event for the ILFA. The date of the event varies depending on the tide.

The ILFA are registered with www.mycharity.ie for on-line donations. If you are organising a fund-raising event please consider using this on-line facility which allows your sponsors to donate money directly to ILFA using their debit or credit cards. The link to the on-line ILFA fund-raising page is:
www.mycharity.ie/charity/ilfa

The website allows you to create your own on-line page giving details of your fund-raising event. Your individual on-line page can be emailed to your family, friends, and colleagues in Ireland and abroad.

MATER MISERICORDIAE UNIVERSITY HOSPITAL

Eccles Street, Dublin 7.

Tel: (01) 803 2000

Website: www.mater.ie

Email: mmh@mater.ie

NATIONAL HEART & LUNG TRANSPLANT WARD, MATER HOSPITAL

Lung Fibrosis Research Co-ordinator Tel: (01) 716 6391

Heart & Lung Transplant Ward Tel: (01) 803 4237

Heart & Lung Clinic Tel: (01) 803 4296

Heart & Lung Transplant Co-ordinators Tel: (01) 803 4274

Some of the health-care professionals that you may interact with during your visit to the clinic or the ward include: medical & nursing staff, physiotherapist, social worker, psychiatrist, dietician, and pharmacist.

SOCIAL WORK DEPARTMENT

The social work services aim to provide in-patients and their families with the support to cope with their medical condition. In a number of specialist areas (including heart & lung transplant), this service is also available on an out-patient basis. The social worker can provide you or your family with counselling support to help you cope with the effects of a debilitating disease. Social workers can provide practical support e.g. helping with social welfare applications, acting as a link to community services, and providing information and advice on services that may be useful.

MEDICAL ENTITLEMENTS

MEDICAL CARD

MEDICAL CARD

An application form for a medical card can be obtained from your General Practitioner (GP), local health authority office, social worker, or it can be downloaded from the website: www.hse.ie/en/Forms

Alternatively, call the Health Service Executive (HSE) information line (Monday–Saturday 8am–8pm) to request an application form.
Tel: 1850 241 850



A medical card entitles the holder to free: GP services, approved prescribed drugs and medicines, all in-patient public hospital services in a public ward, all out-patient public hospital services in a public ward, dental services, ophthalmic services, and aural services.

Tips !

- ✓ If you are issued with a medical card keep it in a safe place and keep a record of your personal medical card number. It can take some time for a medical card application to be processed.
- ✓ The same application form is used to apply for a medical card and a GP visit card.

GP VISIT CARD

A GP visit card entitles the holder to free GP visits. If you do not qualify for a full medical card, you may be entitled to a GP visit card. An application form can be obtained from your GP, local health authority office, social worker or it can be downloaded from the website: www.hse.ie/en/Forms

Alternatively, you can call the HSE information line (Monday–Saturday 8am–8pm) to request an application form.

Tel: 1850 241 850

DRUGS PAYMENT SCHEME

Under the Drugs Payment Scheme, individuals and families who do not hold a medical card do not have to pay more than 85 Euro (limit as of September 2006) in any calendar month for approved prescribed drugs, medicines, and medical appliances including medical oxygen concentrators.



An application form for the Drugs Payment Scheme can be obtained from your local pharmacy or local health authority (see section on Local Health Authority Offices). The completed form should be returned to your local health authority office.

Once your application has been processed, you will receive a plastic swipe card with your personal Drugs Payment Scheme number. This card should be given to your pharmacist each time you get your prescription filled. Over-the-counter medicines and products are not covered by the Drugs Payment Scheme.

Tip !

- ✓ Keep all your pharmacy receipts in order to claim tax relief using the Med 1 Health Expenses – Claim for relief (see section on Tax Relief).

EUROPEAN HEALTH INSURANCE CARD (EHIC)

As an Irish resident you are entitled to get healthcare through the public system in countries of the European Union, European Economic Area, or Switzerland if you become ill or injured while on a temporary stay there.

Contact your local health authority to request an EHIC. It is also available on-line at: www.ehic.ie/apply.htm.

OXYGEN THERAPY

Some patients may be prescribed supplementary oxygen. Your doctor will assess whether you would benefit from medical oxygen therapy. The medical or nursing team can organise the provision of medical oxygen to you, by directly contacting the home oxygen supply company or through your local public health nurse.



Home oxygen concentrators, portable oxygen cylinders, back-up oxygen cylinders, oxygen conservers, masks, nasal cannulae, humidifiers, filters, and tubing are available from companies that supply oxygen for medical purposes. Most companies will provide educational/patient booklets upon installation of equipment.

The 2 main companies that supply medical oxygen are:

AIR PRODUCTS IRELAND LTD.

18H Rosemount Business Park, Ballycoolin, Dublin 11.

Tel: (01) 809 1800 or Lo-call: 1850 240 202

Oxygen Cylinder Refill Hotline: 1800 240 202

Website: www.airproducts.com/medical/ir/home E-mail: apmi@airproducts.com

BOC VITALAIR

Blyry Industrial Estate, Athlone, Co. Westmeath.

Tel: (09064) 70910 or Lo-call: 1890 220 202

Clinical Specialist: 087 228 2619 Website: www.vitalair.co.uk

Email: sean.hourihan@boc.com

Warning ! Oxygen is combustible. Do not use your oxygen near a naked flame or other sources of heat. Make sure your home is fitted with a working fire alarm.

Tips !

- ✓ Remember to order replacement oxygen cylinders before your stock runs low or at least 3 days before a new cylinder is needed.
- ✓ Always remember to have sufficient oxygen supplies over a bank holiday weekend.

PAYMENT OF OXYGEN

There is a rental fee to cover the costs of medical oxygen. An invoice will be sent to your home address. Once your invoice has been paid, contact your local health authority in order to claim a reimbursement under the Drug Payment Scheme.

Rental costs are covered if you have a medical card. Once a medical card is obtained, you should contact the Appliances Section at your local health authority. You may have to request that your oxygen supply company write to your local health authority informing them of your oxygen prescription.

TRAVELLING WITH OXYGEN

It is possible to travel and go on holiday whilst dependent on medical oxygen; however, it is important to plan your trip in advance. Personal portable oxygen cylinders can be used when you travel on buses, coaches, and trains, but these cannot be used on an aircraft.

WHEN TRAVELLING:

- Always seek medical advice before you travel.
- Try to plan trips at least 4-6 weeks before your departure.
- Always take details of your oxygen prescription with you.
- Always bring other accessories that you might need.
- Check how long your portable oxygen cylinder will last and know what to do in case of emergency.
- Always carry a spare oxygen cylinder in case of unexpected delays while travelling.
- Always take a list of your prescription medications with you. Carry all your medication in your hand luggage in case your stowed luggage goes missing.



TRAVELLING WITHIN IRELAND

If you are travelling within Ireland, your home oxygen supplier will try to arrange delivery of oxygen equipment to most locations, once proper notice is given. Contact your home oxygen provider at least 2-3 weeks in advance of travel.

TRAVELLING ABROAD

You should consult with your oxygen supply company when planning to travel abroad.

AIR PRODUCTS: HOLIOX is a service provided by Air Products U.K. This is a privately run service which operates in the countries in which Air Products provides home oxygen. If Air Products do not provide oxygen in a particular region they can provide a list of reputable oxygen supply companies that may be able to assist patients.

To contact Holiox call: 0044 1270 614 360 from any location outside the U.K.
or

01270 614 360 from any location within the U.K.

BOC VITALAIR: BOC VITALAIR can facilitate the oxygen requirements of patients travelling to the United Kingdom, through their sister company, BOC UK. If patients travel further afield, BOC Vitalair can provide a list of reputable oxygen supply companies that may be able to assist patients.

Tip !

- ✓ If you are travelling within the European Union, make sure you get a European Health Insurance Card (see section on Medical entitlements).

AIR TRAVEL

Most airlines can supply oxygen on board the aircraft, but there is usually a fee. If you are planning to travel by aeroplane you should:

- Contact your travel company or airline to check the availability and cost of oxygen supplied by the airline.
- Order oxygen when you are booking your flight or no later than two weeks prior to departure.
- You must provide a prescription from your doctor.
- Check the restrictions on carrying oxygen on board the aircraft.

ELECTRICITY SUPPLY

PRIORITY SUPPORT REGISTER

Home oxygen concentrators run off the normal electricity supply. The Electricity Supply Board (ESB) should be notified that you are dependent on home oxygen via an electrical concentrator. You can register your personal details with the ESB by completing a **Priority Support Registration Form**. This information is confidential and will enable the ESB to identify customers who are dependant on electrically powered medical equipment and who are vulnerable to supply interruption.

In the case of loss of electricity, the ESB should prioritise your local area for electrical power restoration. In the case of planned electrical interruptions, the ESB will contact priority support customers to inform them in advance of the date and likely duration of the disruption of the electricity supply.

To register as a Priority Support Customer contact:

ESB Customer Supply. Electricity Supply Board, 27 Fitzwilliam Street, Dublin 2.

Tel: 1850 372 372

Website: www.esb.ie Email: service@esb.ie

To report a loss of electrical power without warning contact:

ESB Network Emergency / Electricity interruptions Tel: 1850 372 999

For more information about planned electrical interruptions contact:

ESB Network Tel: 1850 372 999

Tip !

- ✓ Always have your ESB account number ready when you contact ESB customer services.

ELECTRICITY ALLOWANCE

Running an oxygen generator will increase the cost of your electricity bill. Some local health authorities offer a small ESB rebate in lieu of the excess electricity costs incurred by running your home oxygen machine(s). Contact your local health authority to see if they have a reimbursement scheme.

If a reimbursement scheme is available, you need to forward a copy of your ESB bill to the Accounts Department of your local health authority every 2 months when you receive your bill.

MOBILITY & TRANSPORT

WHEELCHAIR HIRE / REPAIRS / MODIFICATIONS

The Irish Wheelchair Association, Head Office, Àras Chuchulainn, Blackheath Drive, Clontarf, Dublin 3.

Tel: (01) 818 6400

Website: www.iwa.ie

Email: sales@iwa.ie

Wheelchair rentals are available from most of the Irish Wheelchair Association resource and outreach centres. A full list of these centres is available from the Irish Wheelchair Association.



HEAD OFFICE	Àras Chúchulainn. Blackheath Drive, Clontarf, Dublin 3.	Tel: (01) 818 6400
DUBLIN	Carmel Fallon Respite Centre, Blackheath Drive, Clontarf, Dublin 3.	Tel: (01) 818 6458
DUBLIN	Mount Street ROC. Meath Community Care Unit, Unit 1-9 Haytesbury Street, Dublin 8.	Tel: (01) 400 2849
DUBLIN	National Rehabilitation Hospital. Rochestown Avenue, Dun Laoghaire, Co. Dublin.	Tel: (01) 235 5410
DUBLIN	Broadmeadows. Newcastle Road, Lucan, Co. Dublin.	Tel: (01) 630 2414
WICKLOW	Arklow	Tel: (0402) 91311

SUPPLIERS OF WHEELCHAIR & MOBILITY AIDS

The following list of companies may be worth contacting for quotations. This list is not all inclusive. Local suppliers may be able to assist you. Ask your Occupational Therapist for their recommendations.

Disclaimer: The ILFA does not have associations with, recommend, guarantee, or endorse individual suppliers listed in this Directory. Suppliers are listed in alphabetical order.

CONNAUGHT

MMS Medical Ltd.

Units 2&3, Kilkerrin Park, Liosban, Tuam Road, Galway.

Tel: (091) 768868

Website: www.mmsmedical.ie

Email: info@mmsmedical.ie

Wheelchair Services & Support System.

Ballytivnan Centre, Co. Sligo.

Tel: (071) 914 3280

LEINSTER

Action Hire.

22 South Lotts Road, Ringsend, Dublin 4.

Tel: (01) 668 5065

Website: www.actionhire.com

Action Hire.

27-28 Monkstown Crescent, Dun Laoghaire, Dublin 18.

Tel: (01) 280 3666

Website: www.actionhire.com

Advance Electrical.

4 Crumlin Village, Dublin 12.

Tel: (01) 455 3168

Website: www.aemobility.com

Email: info@aemobility.com

Cuddihy Mobility Ltd.

Brittas, Tullaroan, Co. Kilkenny.

Tel: (056) 77 69121

Email: jcuddihy@eircom.net

Hills Hire Service Ltd.

Johnstown Road, Cabinteely, Co. Dublin.

Tel: (01) 285 3612 or 285 3676

Invacare.

Unit 5, Seatown Business Campus, Seatown Road, Swords, Co. Dublin.

Tel: (01) 810 7084

Irish Wheelchair Association.

Àras Chuchulainn, Blackheath Drive, Clontarf, Dublin 3.

Tel: (01) 818 6400

Website: www.iwa.ie

Lifestyle Mobility.

Unit 3, Bay Road Business Park, Mountmellick, Co. Laois.

Tel: (0502) 44793

Medifix Services.

Summerhill Enterprise Centre, Summerhill, Co. Meath.

Tel: (046) 955 8882

MMS Medical Ltd.

Unit 81, Western Parkway Business Park, Lower Ballymount Road, Dublin 12.

Tel: (01) 450 0582

Website: www.mmsmedical.ie

Email: info@mmsmedical.ie

Physio Needs Ltd.

8-10 Bath Street, Dublin 4.

Tel: (01) 660 2808

Website: www.physionneeds.ie

Email: info@physionneeds.ie

MUNSTER

MMS Medical Ltd.

51 Eastgate Drive, Little Island, Cork.

Website: www.mmsmedical.ie

Tel: (021) 461 8000

Email: info@mmsmedical.ie

Tools for Living.

Unit 11, Westlink Business Park, Old Mallow Road, Cork.

Tel: (021) 421 2199

Website: www.toolsforliving.co.uk

ULSTER

Disability Needs. 1 Old Station Road, Holywood, BT15 3GU, Co. Down.

Tel: (048) 9042 5886

Tip !

- ✓ Attach your name and telephone number to your wheelchair especially if you are attending a hospital. If your wheelchair is left unattended it might be taken by someone else accidentally.



PARKING PERMIT FOR DISABLED DRIVER / DISABLED PASSENGER

Disabled Person's Parking Cards (also known as a European Parking Cards) are available for patients with reduced mobility. The parking permit can be displayed on your own car or on the car of the person driving you (e.g. spouse, relative, friend, neighbour). The parking permit entitles a disabled driver or a disabled passenger to free parking in designated disabled parking spaces or free parking in designated parking areas that normally require a pay and display ticket.

An application form is available from:

Irish Wheelchair Association, Parking Card Section, The Disabled Drivers Association of Ireland, Ballindine, Clarendon Road, Co. Mayo.

Tel: (094) 936 4266 or (094) 936 4054

Email: info@iwa.ie

The application form must be signed by a member of the Gardaí. A postal order or cheque for 25 Euro and a passport photograph of the applicant must be included with the application form. The parking permit is valid for a period of 2 years and then you must re-apply.

MOBILITY ALLOWANCE

The Mobility Allowance is a means tested monthly payment payable by the Health Service Executive (HSE) to people aged between 16 and 66 years who have a disability and are unable to walk or use public transport and who would benefit from a change in surroundings (e.g. by financing the occasional taxi journey). A lower rate is payable to people who are availing of the Disabled Drivers and Disabled Passengers Scheme. The decision on whether you meet the medical criteria is made by the HSE Senior Area Medical Officer for your area. Apply to your local health authority office.

MOTORISED TRANSPORT GRANT

The Motorised Transport Grant is a means tested HSE payment for people with disabilities, who need to buy a car. This payment is also for disabled people who need to have a car adapted in order to enable them to drive and, as a result, earn a living. Certain conditions must be met in order to be eligible for the grant. The maximum grant is 4,917.20 Euro (2007 figures). Apply for a Motorised Transport Grant to the Disability Services Manager in your local health authority office.

CAR ADAPTATIONS

Help and advice on car adaptations is available from:

Irish Wheelchair Association, Ballinagappa Road, Clane, Kildare.

Tel: (045) 893094

Website: www.iwa.ie

Email: maats@iwa.ie

APPLICATION FOR A DISABLED PERSON'S PARKING BAY OUTSIDE YOUR HOME

Your local council may consider a request for a disabled person's parking bay outside your home, if certain conditions are met. To obtain full written details of the requirements, contact the Traffic Department at your local county council.

The contact details for the Traffic Advisory Group at Dublin City Council are:

Roads and Traffic Department, Civic Offices, Wood Quay, Dublin 8.

Tel: (01) 222 2257

E-mail: traffic@dublincity.ie

TAX CONCESSIONS FOR DISABLED DRIVERS & DISABLED PASSENGERS

You are entitled to claim exemption from:

- Value Added Tax (VAT) in respect of a new car.
- Exemption for fuel refunds.
- Repayment of Vehicle Registration Tax.

See section on Tax Relief.

HOME MODIFICATIONS



A home assessment by an occupational therapist is necessary to decide what changes are needed to your home to make *activities of daily living* easier to manage and thus improve your quality of life. “*Activities of daily living*” is a term used to describe the functional status of a person and how they cope with mobility, dressing, feeding, personal hygiene and grooming, and independent living.

OCCUPATIONAL THERAPISTS

An occupational therapist assesses your immediate and long term needs with regard to your ability to function independently and perform daily tasks in your living and working environments. Occupational therapists visit patients’ homes and work places to assess their environment and help people modify their living space to better suit their needs. Occupational therapists can also help patients select appropriate equipment and appliances, including wheelchairs, stair-lift, bathroom devices etc., to improve their independence.

A community occupational therapist (public health occupational therapist) may be arranged through your local health authority. Ask your GP for a referral. It may take some time to arrange a home assessment by a community occupational therapist. Alternatively, the services of an occupational therapist in private practice can be engaged, at your own expense. A list of registered occupational therapists in private practice is available from their professional organisation. *The Directory of Occupational Therapists in Private Practice* can be viewed on the organisation’s website (see below). A home assessment in 2006 cost approximately 180 Euro.

Association of Occupational Therapists. 29 Gardiner Place, Dublin 1.
Tel: (01) 878 0247 Website: www.aoti.ie

Tips !

- ✓ Ask your GP for a personal recommendation if engaging the service of an Occupational Therapist in private practice.
- ✓ Make several photocopies of your Occupational Therapist’s report as this report is needed to apply for the Disabled Persons Grant and it must be provided to the contractors carrying out your home modifications.

DISABLED PERSONS GRANT (for home modifications)

A Disabled Persons Grant is available for home modifications that are recommended by an occupational therapist. Home modifications include stair-lift installation, bathroom modification, widening of home entrances/exits to enable wheelchair access, and providing ramps. Contact your local health authority for an application form (see section on Local Health Authority Offices).

The maximum grant payable under the Disabled Persons Grant scheme is 90% of the council's or contractor's estimated cost of works (whichever is the lesser) subject to a maximum grant of 20,320 Euro (2007 figures). There is also a maximum amount paid for particular types of work as follows:

- Conversion of a bathroom 6,000 Euro
- Installation of a curved stair-lift 6,000 Euro
- Installation of a straight stair-lift 2,500 Euro

Before an application for the Disabled Persons Grant can be processed it is necessary to get a report from an occupational therapist (see section on Occupational Therapists). A completed application form, a report from your Occupational Therapist, and quotations from 2 different contractors with a copy of each contractor's *Tax Clearance Certificate of C2 Card* should be forwarded to the Disabled Persons Grant Section at your local health authority (see section on Local Health Authority Offices).

Work on your home modifications should **not** be started until you have received approval for the Disabled Persons Grant from your local health authority. The local health authority will notify you of the amount of grant approved.

Once your home modification work has been completed, your local health authority should be informed and an inspection of the home modifications will be carried out. Following the inspection, your local health authority will issue you with a cheque for the amount of the Disabled Persons Grant awarded. It may take some time for the process to be completed. The applicant must pay the balance of monies due to the contractor(s).

Tips !

- ✓ When contacting your local health authority, always ask for the employee's name and their direct dial telephone number. This will make it easier for you if you need to contact them again for advice or information.
- ✓ Keep a photocopy of your completed application form, all correspondence, and the quotations received from the contractors.

BATHROOM MODIFICATIONS / ACCESSIBLE SHOWERS



Bathroom modifications may be beneficial if you experience reduced mobility and shortness of breath while bathing. Some bathroom modifications which may be of help include: a level access shower, shower seat, grab rails, folding rails, slip resistant flooring, ventilation, raised toilet, and rearrangement of bathroom furniture.

A grant is available to assist with bathroom modifications (see section on Disabled Persons Grant). It is necessary to submit quotations from 2 separate contractors with a copy of each contractor's *Tax Clearance Certificate of C2 Card*. All quotations submitted must be in accordance with the specifications outlined in your Occupational Therapist's report. Send the quotations and a completed application form to the Disabled Persons Grant Section at your local health authority (see section on Local Health Authority Offices).

VAT (Value Added Tax) is charged but is redeemable (see section on Tax Relief). In 2007, the maximum grant available towards installation of an accessible shower and bathroom modification was 6,000 Euro.

Tips !

- ✓ It may be worth getting a number of quotations for bathroom modifications as prices may vary.
- ✓ Keep photocopies of your completed application form and the quotations from the contractors.

SUPPLIERS OF BATHROOM EQUIPMENT & ACCESSORIES

The following list of companies may be worth contacting for quotations. This list is not all inclusive. Local contractors may be able to assist you. Ask your Occupational Therapist for their recommendations.

Disclaimer: The ILFA does not have associations with, recommend, guarantee, or endorse individual suppliers listed in this Directory. Suppliers are listed in alphabetical order.

CONNAUGHT

Home Care Medical Shop Ltd.

Terryland Retail Park, Headford Road, Galway.

Tel: (091) 567812 or Lo-call: 1890 390 590

Website: www.homecaremedicalsupplies.ie

Email: info@homecaremedicalsupplies.ie

Home Care Medical Shop Ltd.

Knock Road, Kiltimagh, Co. Mayo.

Tel: (094) 938 1361

Website: www.homecaremedicalsupplies.ie

Email: info@homecaremedicalsupplies.ie

MMS Medical Ltd.

Units 2&3, Kilkerrin Park, Liosban, Tuam Road, Galway. Tel: (091) 768868

Website: www.mmsmedical.ie

Email: info@mmsmedical.ie

LEINSTER

Alpha Engineering Heat Providers Ltd.

Finglas Business Centre, Jamestown Road, Finglas East, Dublin 11.

Tel: (01) 864 6061

Email: ashling@heatproviders.ie

Baileboro Supplies Ltd.

Baileboro, Co. Cavan. Tel: (042) 966 6889

Website: www.baileborosupplies.ie

Email: info@baileborosupplies.ie

Beechfield Healthcare.

69 Heather Road, Sandyford Industrial Estate, Dublin 18. Tel: (01) 291 5800
Website: www.beechfieldhealthcare.com Email: info@beechfieldhealthcae.com

Classic Bathrooms.

Longmile Centre, Longmile Road, Walkinstown, Dublin 12.
Tel: (01) 450 5411
Website: www.classicbathrooms.ie Email: classicbathrooms@eircom.net

DPMS.

56A Hebron Industrial Estate, Kilkenny.
Tel: (056) 770 2759
Website: www.dpmsireland.ie Email: dpmstony@msn.com

Healthcare 21.

Unit 6B, Stadium Business Park, Ballycoolin Road, Dublin 11.
Tel: (01) 866 5770
Website: www.healthcare21.ie Email: info@phc.ie

Irish Stairways Ltd.

Unit 17, Thompson Industrial Estate, Clane, Co. Kildare.
Tel: (045) 892 696
Website: www.irishstairlifts.com Email: info@irishstairways.ie

Irish Stairways Ltd.

6 Scarlett Row, West Essex Street, Dublin 8.
Tel: (01) 616 7099
Website: www.irishstairlifts.com Email: info@irishstairways.ie

J.S. Dobbs & Co. Ltd.

84-85 Baldoyle Industrial Estate. Dublin 13.
Tel: (01) 839 1071
Website: www.jsdobbs.ie Email: sales@jsdobbs.ie

Lifestyle Mobility.

Unit 3, Bay Road Business Park, Mountmellick, Co. Laois.
Tel: (05786) 44793 Email: sales@lifestylemobility.ie

MMS Medical Ltd.

Unit 81, Western Parkway Business Park, Lower Ballymount Road, Dublin 12.

Tel: (01) 450 0582

Website: www.mmsmedical.ie

Email: info@mmsmedical.ie

Modern Plant Ltd.

Otter House, Naas Road, Clondalkin, Dublin 22.

Tel: (01) 459 1344

Website: www.modernplant.ie

Email: sales@modernplant.ie

Murray's Medical Equipment Ltd.

Leo Murray Chemist. 21-22 Talbot Street, Dublin 1.

Tel: (01) 855 5733

Email: info.pharmacy@murraysmedical.ie

Necoflex Ltd.

Unit 5, Kilcoole Industrial Estate, Kilcoole, Co. Wicklow.

Tel: (01) 287 6111

Email: support@necoflex.ie

Patron SVS Ltd.

81 Baldoyle Industrial Estate, Dublin 13.

Tel: (01) 839 1299

Website: www.patron.ie

Email: info@patron.ie

Shires (Ire.) Ltd.

Broomhill Road, Tallaght, Dublin 24.

Tel: (01) 404 7600

Email: shiresireland@qualeram-shires.com

Simply Bathrooms.

3 Beechfield Avenue, Walkinstown, Dublin 12.

Tel: (01) 450 8728

Website: www.simplybathrooms.com

Email: simplybathrooms@eircom.net

Tools for Living. Unit 50 Airways Industrial Estate, Santry, Dublin 9.

Tel: (01) 842 9405

Website: www.tools-for-living.co.uk

Email: tools.for.living@virgin.net

MUNSTER

Active Healthcare.

Units 1&2, City Link Industrial Park, Forge Hill, Kinsale Road, Cork.

Tel: (021) 431 3144 or Lo-call: 1850 923 192

Website: www.activehc.ie

Email: info@activehc.ie

Enable Supplies.

7 Kilnagleary Business Park, Crosshaven Road, Carrigaline, Cork.

Tel: (021) 437 2607

Website: www.enablesupplies.com

Email: info@enablesupplies.com

Medical Express.

4 Parnell Street, Limerick.

Tel: (061) 416 671

Email: medicalexpress@eircom.net

Medical Mobility.

Ballaugh, Killarney, Co. Kerry.

Tel: (064) 33006 or 086 230 8788

Email: medicalmobility@eircom.net

MMS Medical Ltd.

51 Eastgate Drive, Little Island, Cork.

Tel: (021) 461 8000

Website: www.mmsmedical.ie

Email: info@mmsmedical.ie

Mobility Ireland.

Mill Building, Donnybrook Commercial Centre, Donnybrook, Douglas, Cork.

Tel: (021) 489 9142

Website: www.mobilityireland.ie

Email: sales@mobilityireland.ie

Modern Plant Ltd.

Tramore Road, Cork.

Tel: (021) 496 8755

Website: www.modernplant.ie

Email: sales@modernplant.ie

Nursing Needs Ltd.

13 Gladstone Street, Waterford.

Tel: (051) 874 622

Website: www.nursingneeds.ie

Email: nursingneeds@yahoo.ie

Original Bathrooms & Tiles. T/A OB Heating & Plumbing.

South City Link Road, Cork.

Tel: (021) 431 0000

Website: www.originalbathrooms.com

Email: obcork@indigo.ie

Personal Lifting Systems.

12 Elm Park, Gort Road, Ennis, Co. Clare. Tel: 087 238 1048

Email: sales@personalliftingsystems.com

South East Medical Supplies Ltd.

City Enterprise Centre, Waterford Business Park, Cork Road, Waterford.

Tel: (051) 845 420

Email: info@medicalsupplies.ie

Tools for Living. Unit 11, Westlink Industrial Estate, Cork.

Tel: (021) 421 2199

Website: www.tools-for-living.co.uk

Email: tools.for.living@virgin.net

ULSTER

Chiltern Invadex.

5 Balloo Way, Bangor, BT19 7QZ, Co. Down.

Tel: (048) 91 450 497

Website: www.chilterninvadex.co.uk

The Care & Assist Company.

46A The Brae, Ballygowan, BT23 5TJ, N. Ireland.

Tel: (048) 9752 1552

Website: www.careandassist.com

Email: ghyoung@tiscali.co.uk

Disability Needs.

1 York Road, Belfast, BT15 3GU, Co. Down.

Tel: (048) 9074 5333 (showroom) or

(048) 9042 5886 (office)

Website: www.disabilityneeds.com

Email: js@disabilityneeds.com

Easa Group Ltd.

Moira Industrial Estate, 34 Old Kilmore Road, Moira, BT67 0LZ, Co. Armagh.

Tel: (048) 9261 2500

Website: www.easagroup.com

Email: info@easagroup.com

Moorings Mediquip.

Mobility & Independent Living Centre, 515 Laght Road, Ballymena, BT42 2JH.

Tel: (048) 2563 2777

Website: www.mooringsmediquip.co.uk

STAIRLIFTS



Some patients may develop shortness of breath while using the stairs. A grant is available to assist with the installation of a stair-lift (see section on Disabled Persons Grant). Some additional features which may be available on a stair-lift include: seat-belt, adjustable seat height, swivel chair, remote control, and powered foot rest.

It is necessary to submit quotations from 2 separate contractors with a copy of each contractor's *Tax Clearance Certificate of C2 Card*. All quotations submitted must be in accordance with the specifications outlined in your Occupational Therapist's report. Send the quotations and a completed application form to the Disabled Persons Grant Section at your local health authority (see section on Local Health Authority Offices).

In 2006, the maximum grant available towards installation of a straight stair-lift was 2,500 Euro. In 2006, the maximum grant available towards installation of a curved stair-lift was 6,000 Euro (see section on Disabled Persons Grant). VAT is charged but is redeemable (see section on Tax Relief).

Tip !

- ✓ It may be worth getting a number of quotations for stair-lift installation as prices may vary.

SUPPLIERS OF STAIRLIFTS

The following list of companies may be worth contacting for quotations. This list is not all inclusive. Local companies may be able to assist you. Ask your Occupational Therapist for their recommendations.

Disclaimer: The ILFA does not have associations with, recommend, guarantee, or endorse individual suppliers listed in this Directory. Suppliers are listed alphabetically.

CONNAUGHT

Dolphin Stairlifts.

5 Ros Geal, Milars Lane, Galway.

Tel: (091) 584169

Website: www.dolphinliftsireland.com

Email: dolphinstairlifts@eircom.net

Home Care Medical Shop Ltd.

Terryland Retail Park, Headford Road, Galway.

Tel: (091) 567812

Website: www.homecaremedicalsupplies.ie

Email: info@homecaremedicalsupplies.ie

Home Care Medical Shop Ltd.

Knock Road, Kiltimagh, Co. Mayo.

Tel: (094) 938 1361

Website: www.homecaremedicalsupplies.ie

Email: info@homecaremedicalsupplies.ie

MMS Medical Ltd.

Units 2&3, Kilkerrin Park, Liosban, Tuam Road, Galway.

Tel: (091) 768868

Website: www.mmsmedical.ie

Email: info@mmsmedical.ie

LEINSTER

Aaran Lifts.

Head Office, 34 Cherry Hill Road, Kells, Co. Meath.

Tel: (046) 924 7074

Accel Lifts & Mobility Ltd.

Unit B, 22 KCR Estate, Ravensdale Park, Kimmage, Dublin 12.

Tel: (01) 490 4555

Website: www.accel.ie

Email: info@accel.ie

Access & Mobility Solutions.

83 St. Patrick's Crescent, Monkstown, Co. Dublin.

Tel: (01) 230 3829 or 087 263 5614

Advance Electrical Mobility.

No. 4 Crumlin Village, Dublin 12.

Tel: (01) 455 3168

Website: www.aemobility.com

Email: info@aemobility.com

Dolphin Stairlifts.

97A Lower Drumcondra Road, Dublin 9.

Tel: (01) 830 8310 and Lo-Call 1850 705 705

Website: www.dolphinliftsireland.com

Email: dolphinstairlifts@eircom.net

DPMS.

56A Hebron Industrial Estate, Kilkenny.

Tel: (056) 770 2759

Email: dpmstony@msn.com

Fannin Medicare.

South County Business Park, Leopardstown, Dublin 18.

Tel: (01) 466 4130

Website: www.fanninmedcare.com

Email: information@fanninmedcare.com

Irish Stairways Ltd.

Unit 17, Thompson Industrial Estate, Clane, Co. Kildare.

Tel: (045) 892 696

Website: www.irishstairlifts.com

Email: info@irishstairways.ie

Irish Stairways Ltd.

6 Scarlett Row, West Essex Street, Dublin 8.

Tel: (01) 616 7099

Website: www.irishstairlifts.com

Email: info@irishstairways.ie

J.S. Dobbs & Co. Ltd.

Unit C, Baldoye Industrial Estate. Dublin 13.

Tel: (01) 839 1071

Website: www.jsdobbs.ie

Email: sales@jsdobbs.ie

MMS Medical Ltd.

Unit 81, Western Parkway Business Park, Dublin 12.

Tel: (01) 450 0582

Website: www.mmsmedical.ie

Email: info@mmsmedical.ie

Patron SVS Ltd.

81 Baldoye Industrial Estate, Dublin 13.

Tel: (01) 839 1299

Website: www.patron.ie

Email: info@patron.ie

Stannah Stairlifts.

Unit 11, Ballymount Court Business Centre, Dublin 12.

Tel: (01) 450 7971 or 1850 22 33 11

Website: www.stannah.ie

Email: enquiries@stannah.ie

MUNSTER**Dolphin Stairlifts.**

Unit 1-2, Orchard Court, Thomas Davis Street, Cork.

Tel: (021) 430 9292

Website: www.dolphinliftsireland.com

Email: dolphinstairliftscork@eircom.net

Enable Supplies.

7 Kilnagleary Business Park, Crosshaven Road, Carrigaline, Co. Cork.

Tel: (021) 437 2607 or (021) 437 5153

Website: www.enablestudies.com

Email: info@enablestudies.com

Medical Express.

4 Parnell Street, Limerick.

Tel: (061) 416 671

Email: medicalexpress@eircom.net

Medical Mobility.

Ballaugh, Killarney, Co. Kerry.

Tel: 086 230 8788 or Lo-call 1850 774 477 Email: medicalmobility@eircom.net

MMS Medical Ltd.

MMS Medical Ltd. 51 Eastgate Drive, Little Island, Cork.

Tel: (021) 461 8000

Website: www.mmsmedical.ie

Email: info@mmsmedical.ie

Mobility Ireland.

Mill Building, Donnybrook Commercial Centre, Donnybrook, Douglas, Cork.

Tel: (021) 489 9142

Email: margo@ahcservices.ie

South East Medical Supplies Ltd.

City Enterprise Centre, Waterford Business Park, Cork Road, Waterford.

Tel: (051) 845 420

Email: info@medicalsupplies.ie

ULSTER**Disability Needs.**

1 York Road, Belfast, BT15 3GU, Co. Down.

Tel: (048) 9074 5333 (showroom) or (048) 9042 5886 (office)

Website: www.disabilityneeds.com

Email: js@disabilityneeds.com

Dolphin Stairlifts.

123-125 Market Street, Tandragee, BT62 2BO, Co. Armagh.

Tel: (048) 3884 0037

Website: www.dolphinliftsireland.com

Email: dolphinstairlifts@eircom.net

Pollock Lifts.

22 Woodburn Road, Carrickfergus, BT38 8PX, Co. Antrim.

Tel: (048) 933 68167

Website: www.pollocklifts.ie

Email: info@pollocklifts.co.uk

ASSISTIVE TECHNOLOGY

ASSIST IRELAND

Assist Ireland is an online resource developed by the Citizens Information Board. Assist Ireland provides information on aids, devices, and technology available and also provides a comprehensive directory of products available from Irish suppliers.

Assist Ireland, Citizens Information Board, 7th Floor, Hume House, Ballsbridge, Dublin 4.

Lo-Call: 1890 277 478

Website: www.assistireland.ie

Email: support@assistireland.ie

ACCESS & MOBILITY EXHIBITION

The Access and Mobility Exhibition is an annual event that takes place in the RDS in Dublin. The exhibition showcases some of Ireland's leading mobility companies and there are a range of assistive technology products and services on display, including wheelchairs, ramps, lifts, scooters, hoists, beds, bathroom products, walking aids, daily living aids, etc. Admission to the exhibition is free.

www.accessandmobility.ie

Tips !

- ✓ Argos have a small range of living aids in some of their larger stores such as grab rails, bathroom aids, rollators, wheelchairs, and mobility scooters. www.argos.ie
- ✓ It may be possible to purchase good quality second hand items through internet sites such as ebay (www.ebay.ie) or through the Buy & Sell magazine (www.buyandsell.ie)

COMMUNITY SERVICES

PHYSIOTHERAPY SERVICES

Public access physiotherapy services may be accessed through your local health authority. Your GP can make a referral to the physiotherapy department for you.

Your physiotherapist will assess your movement abilities and make recommendations to help you maintain and restore maximum movement and functional ability. Specific exercises may be recommended to improve your physical fitness. Physiotherapy aids and appliances (e.g. walking frames, rollators, bed supports), exercise aids (e.g. exercise bicycles, pedal exercisers) and breathing aids (spirometers) may be prescribed to assist your mobility and breathing function.

PUBLIC HEALTH NURSE

Public Health Nurse visits can be organised through your local health authority (see section on Local Health Authority Offices). Ask your GP for a referral.

HOME HELP / HOME CARE SERVICES

Home help assistance can be organised through your local health authority (see section on Local Health Authority Offices).

An initial assessment of your home will be carried out to determine what activities you may need assistance with. Some of the cleaning duties which may be carried out by a home care worker include: general cleaning, ironing, making beds, vacuuming. Some home care workers also assist patients with washing, dressing, and food preparation. Some duties may not be included for insurance purposes. Suitable day(s), time(s), duties, and a start date will be decided by you and your home care worker once you get approval for home help services. You may be asked to make a small weekly contribution to the home care services.



SOCIAL WELFARE PAYMENTS

SOCIAL WELFARE INFORMATION SERVICES

Local social welfare offices carry a range of free information leaflets/booklets with details of services, entitlements, and qualifying conditions. Information leaflets are also available from:

Department of Social and Family Affairs, Oisín House, 212-213 Pearse Street, Dublin 2.

Lo-call Leaflet Request Line: 1890 20 23 25

For advice on any area of social welfare contact:

Social Welfare Services Office, College Road, Sligo. Lo-call: 1890 66 22 44

Website: www.welfare.ie Email: info@welfare.ie

DISABILITY ALLOWANCE

Disability Allowance is a weekly allowance paid to people (aged between 16-66 years) with a disability e.g. a disease or physical disability that has continued or may be expected to continue for at least one year. As a result of this medical condition, you must be restricted in undertaking work that would otherwise be suitable for a person of your age, experience, and qualifications. The allowance is financially means tested and subject to medical suitability. Contact your local social welfare office for further advice and an application form. Application forms are available online at: www.welfare.ie/forms/da1.pdf

Apply to: Disability Allowance Section, Department of Social and Family Affairs, Social Welfare Services Office, Government Buildings, Ballinalee Road, County Longford.

Tel: (043) 45211 or (01) 874 8444

CARER'S ALLOWANCE

Carer's Allowance is a payment to people who are looking after someone who is in need of support because of age, physical or learning disability, or illness. Carer's Allowance is mainly aimed at carers on low incomes who live with and look after people who need full-time care. There are certain requirements that must be met in order to qualify for Carer's Allowance. Contact your local social welfare office for further advice and an application form. Application forms are available online at: www.welfare.ie/forms/cr1.pdf

Apply to: Carer's Allowance Section. Social Welfare Services Office, Government Buildings, Ballinalee Road, Longford.
Tel: (043) 45211 or (01) 704 3000

CARER'S BENEFIT

Carer's Benefit is a payment made to insured persons who leave the workforce to care for a person(s) in need of full-time care and attention. There are certain requirements that must be met in order to qualify for Carer's Benefit. Contact your local social welfare office for further advice and an application form. Application forms are available online at: www.welfare.ie/forms/carb1.pdf

Apply to: Carer's Benefit Section. Social Welfare Services Office, Government Buildings, Ballinalee Road, Longford.
Tel: (043) 45211 or (01) 704 3000

RESPIRE CARE GRANT

This is an annual payment for full-time carers who look after certain people in need of full-time care and attention. The payment is not means tested but is subject to certain conditions. This grant is paid automatically to anyone getting Carer's Allowance or Carer's Benefit payments.

Apply to: Respite Care Grant, P.O. Box 10085, Dublin 2.
Tel: (01) 673 2222
Website: www.welfare.ie

SPECIAL NEEDS SUPPLEMENTARY WELFARE ALLOWANCE

If your income from your social welfare or Health Service Executive payment is too low to meet certain special needs (e.g. exceptional heating requirements due to ill-health, special dietary requirements due to a medical condition), a weekly supplement may be available. You must provide medical evidence of your condition before your application can be processed. Apply to your local social welfare office or contact:

Supplementary Welfare Allowance Section. Department of Social & Family Affairs, Social Welfare Office, College Road, Sligo.

Tel: Lo-call 1890 50 00 00

EXCEPTIONAL NEEDS PAYMENT

An exceptional needs payment may be approved by the Health Service Executive (HSE). Under this scheme, a once-off single payment may be made to help meet essential, once-off, exceptional expenditure, which a person could not reasonably be expected to meet out of their weekly income. People eligible to apply for exceptional needs payment would normally be in receipt of a social welfare or Health Service Executive payment.

If your application for an Exceptional Needs Payment is refused, you can appeal the decision. Contact your local HSE office for more details and an application form.

TAX RELIEF

TAX RELIEF FOR HEALTH EXPENSES

If your medical / health / drugs & medicines expenses are more than 125 Euro (for an individual) or more than 250 Euro (for 2 or more people) you may claim tax relief from the revenue office, once you have receipts to support your claim. You must keep all receipts for 6 years in case they are requested for inspection by the revenue office.

Complete the form *MED 1 Health Expenses - Claim for Relief*. This is available from your local tax office or can be downloaded from the website: www.revenue.ie

TAX CONCESSIONS FOR DISABLED DRIVERS & DISABLED PASSENGERS

To claim exemption from VAT (value added tax) in respect of a new car contact:

Revenue Commissioners, Disabled Drivers Section, Central Repayments Office, Coolshannagh, Co. Monaghan.

Tel: (047) 828 000 or Lo-Call: 1890 60 60 61

To claim exemption for Fuel Refunds contact:

Revenue Commissioners, Disabled Drivers Section, Central Repayments Office, Coolshannagh, Co. Monaghan.

Tel: (047) 828 000 or Lo-Call: 1890 60 60 61

To claim repayment of VRT (vehicle registration tax) and / or VAT contact:

Disabled Drivers Section, Central Vehicle Office, Customs & Excise, Rosslare Harbour, Co. Wexford.

Tel: (053) 33730

VAT CLAIMS FOR DISABLED AIDS/APPLIANCE INSTALLATIONS

An application form (*VAT 61A claim for refund of VAT*) is available from your local revenue office, your contractor, or from your local health authority. Complete the application form and return it with a copy of your invoices to:

VAT (unregistered) Repayments Section. Kilrush Road, Ennis, Co. Clare.

REGIONAL REVENUE LO-CALL SERVICE NUMBERS

Contact your local revenue office for enquiries relating to tax concessions.

Border Midlands West Region

Tel: 1890 777 425

Cavan, Donegal, Galway, Leitrim,
Longford, Louth, Mayo, Monaghan,
Offaly, Roscommon, Sligo, Westmeath.

Dublin Region

Tel: 1890 333 425

Dublin city & county.

East & South East Region

Tel: 1890 444 425

Carlow, Kildare, Kilkenny, Laois,
Meath, Tipperary, Waterford,
Wexford, Wicklow.

South West Region

Tel: 1890 222 425

Clare, Cork, Kerry, Limerick.

NATIONAL ORGANISATIONS

THE CARERS ASSOCIATION

"Prior's Orchard", John's Quay, Kilkenny.

Tel: (056) 772 1424 or (056) 775 3532

Website: www.carersireland.com

Email: info@carersireland.com

THE NATIONAL DISABILITY AUTHORITY

25 Clyde Road, Dublin 4.

Tel: 1890 632 631

Website: www.nda.ie

Email: nda@nda.ie

CITIZENS INFORMATION

Hume House, Ballsbridge, Dublin 4.

Tel: 1890 245 245

Website: www.citizensinformation.ie

Email: information@ciboard.ie

TRANSPLANT DONOR CARD

Transplant donor cards are available from your local pharmacy, medical centre, or by contacting:

The Irish Kidney Association, Donor House, Block 43A, Parkwest, Dublin 12.

Tel: (01) 668 9788 or (01) 668 9789 or 1890 456 556

Website: www.ika.ie

Email: info@ika.ie

LOCAL HEALTH AUTHORITY OFFICES

DUBLIN NORTH EAST LOCAL HEALTH OFFICES

North West Dublin Local Health Office, Rathdown Road, Dublin 7.

Tel: (01) 882 5000

North Central Dublin Local Health Office, 193 Richmond Road, Dublin 3.

Tel: (01) 857 5400

North Dublin Local Health Office, Cromcastle Road, Coolock, Dublin 5.

Tel: (01) 816 4200

Cavan Community Care Offices, Lisdaran, Cavan.

Tel: (049) 436 1822

Monaghan Community Care Offices, Rooskey, Monaghan.

Tel: (047) 30400

Louth Local Health Office, Community Care Offices, Dublin Road, Dundalk,
Co. Louth.

Tel: (042) 933 1194

Meath Local Health Office, Community Care Offices, Navan, Co. Meath.

Tel: (046) 902 1595

DUBLIN MID-LEINSTER LOCAL HEALTH OFFICES

Dun Laoghaire Local Health Office, Tivoli Road, Dun Laoghaire, Co. Dublin.

Tel: (01) 284 3579

Dublin South East Local Health Office, Vergemount Hall, Clonskeagh, Dublin 6.

Tel: (01) 268 0300

Dublin South City Local Health Office, Carnegie Centre, 21-25 Lord Edward Street, Dublin 2.

Tel: (01) 648 6500

Dublin South West Local Health Office, Old County Road, Crumlin, Dublin 12.

Tel: (01) 415 4700

Dublin West Local Health Office, Cherry Orchard Hospital, Ballyfermot, Dublin 10.

Tel: (01) 620 6300

Kildare / West Wicklow Local Health Office, Poplar House, Poplar Square, Naas, Co. Kildare.

Tel: (045) 876 001

Wicklow Local Health Office, Glenside Road, Co. Wicklow.

Tel: (0404) 68400

Laois/Offaly Local Health Office.

Laois Health Centre, Dublin Road, Portlaoise, Co. Laois. Tel: (057) 862 1135

Offaly Health Centre, Arden Road, Tullamore, Co. Offaly. Tel: (057) 934 1301

Longford/ Westmeath Local Health Office.

Longford Health Centre, Dublin Road, Longford. Tel: (043) 50169

Westmeath Health Centre, Longford Road, Mullingar,
Westmeath. Tel: (044) 934 0221

WEST LOCAL HEALTH OFFICES

Donegal Local Health Office, Ballybofey, Co. Donegal.

Tel: (074) 913 1391

**Sligo/Leitrim/West Cavan Local Health Office, Community Services,
Markievicz House, Sligo.**

Tel: (071) 915 5100

Roscommon Local Health Office, Community Services, Roscommon.

Tel: (0903) 375 00

Mayo Local Health Office, County Clinic, Castlebar, Co. Mayo.

Tel: (094) 223 33

Galway Local Health Office, Community Services, 25 Newcastle Road, Galway.

Tel: (091) 523 122

Clare Local Health Office, 16 Carmody Street Business Park, Ennis Co. Clare.

Tel: (065) 686 3480

North Tipperary / East Limerick Local Health Office, Holland Road, Plassey, Limerick.

Tel: (061) 464063

Limerick Local Health Office, 31-33 Catherine Street, Limerick.

Tel: (061) 483291

SOUTH LOCAL HEALTH OFFICES

Cork South: Lee Local Health Office, Abbeycourt House, George's Quay, Cork.

Tel: (021) 496 5511

Cork North: Lee Local Health Office, Abbeycourt House, George's Quay, Cork.

Tel: (021) 496 5511

West Cork Local Health Office, Coolnagarrane, Skibbereen, Co. Cork.

Tel: (028) 21722

North Cork Local Health Office, Gouldshill House, Mallow, Co. Cork.

Tel: (022) 22220

Carlow Local Health Office. Carlow Community Care, Athy Road, Carlow.

Tel: (0503) 30053

Kilkenny Community Care Headquarters, James' Green, Kilkenny.

Tel: (056) 52208

South Tipperary Local Health Office, Western Road, Clonmel.

Tel: (052) 22011

Waterford Local Health Office, Cork Road, Waterford.

Tel: (051) 842800

Wexford Local Health Office, Grogan's Road, Wexford.

Tel: (053) 23522

Kerry Local Health Office, 18-20 Denny Street, Tralee, Co. Kerry.

Tel: (066) 712 1566

USEFUL WEBSITES

Irish Lung Fibrosis Association	www.ilfa.ie
Pulmonary Fibrosis Foundation	www.pulmonaryfibrosis.org
British Lung Foundation	www.lunguk.org
Irish Thoracic Society	www.irishthoracicsociety.com
Irish Health	www.irishhealth.com
Assist Ireland	www.assistireland.ie
Citizens information (Ireland)	www.citizensinformation.ie
Social welfare (Ireland)	www.welfare.ie
Health Service Executive	www.hse.ie
Revenue (Ireland)	www.revenue.ie

Disclaimer

The Directory of Services: The Irish Lung Fibrosis Association is intended as a guide only and does not purport to be a legal interpretation. While every effort has been made to verify information provided in *The Directory of Services: The Irish Lung Fibrosis Association*, the ILFA does not assume any responsibility for errors, omissions, or contrary interpretation of the subject matter herein. The user of *The Directory of Services: The Irish Lung Fibrosis Association* assumes responsibility for the use of this material and information. *The Directory of Services: The Irish Lung Fibrosis Association* provides links to other websites; however, the Irish Lung Fibrosis Association is not responsible for the information or content located at other websites.

The Directory of Services: The Irish Lung Fibrosis Association
was compiled by Nicola Cassidy, with original artwork by Eddie Cassidy (2007).

ACKNOWLEDGMENTS

This Directory has been compiled using information gathered from patients with respiratory illnesses and their experiences of accessing help and support.

Special acknowledgement is made to Christy Day, who shared his knowledge, contacts, and experiences.

Special thanks to the medical, nursing, and allied health-care staff at the Mater Hospital especially Dr. Jim Egan (Respiratory Consultant), Vivienne Vize (Sister, Heart & Lung Transplant Ward), Joanne Coyle (Lung Fibrosis Research Co-ordinator), and Bill Foley (Senior Social Worker).

Thank you to Deirdre O'Brien (Air Products Ltd.) and to Sean Hourihan (BOC Vitalair Ltd.) for advice regarding medical oxygen.

Sincere and heartfelt thanks to Colm Kavanagh for help with the design and presentation of the booklet.

The Irish Lung Fibrosis Association would like to thank:

Air Products Ltd.

BOC Vitalair Ltd.

Irish Stairways Ltd.

Oxygen Care Ltd.

for donations towards printing and distribution costs.

Grateful acknowledgement is made to the companies who gave permission for their services to be listed in *The Directory of Services*.

